



What could your donation do?

£5 could help us to provide a listening ear on the phone.

£25 could subsidise an initial assessment session.

£50 could subsidise two play sessions for a child in distress.

£100 could provide 4 weeks' clinical supervision for 3 counsellors.

£250 could subsidise 10 weekly sessions for a depressed person on benefits.

£375 could subsidise 15 sessions for a financially disadvantaged couple who are struggling in their relationship.

£500 could give someone a safe place to address long-standing issues with 5 months of counselling.