



# The Cogwheel Trust

## Contributing Towards the Cost of Your Counselling

Cogwheel is a registered charity, and some of our funding comes from donations and grants. However Cogwheel is also dependent upon the income received through contributions from clients, without which we could not provide affordable counselling to all those who need it.

We therefore ask clients to contribute toward the cost of each session, following a one-off payment for registration with the service. *This includes your initial assessment appointment.*

### Registration and assessment contribution

There are two levels of contribution requested:

- £20 for clients who are unwaged
- £40 for clients who are in employment

### Counselling session contribution scale

#### Individual counselling (adults and children)

Household Income	Contribution Rate
Up to £15,000	£15.00
£16,000	£16.50
£17,000	£18.00
£18,000	£19.50
£19,000	£21.00
£20,000	£22.50
£21,000	£24.00
£22,000	£25.50
£23,000	£27.00
£24,000	£28.50
£25,000	£30.00
£26,000	£31.50
£27,000	£33.00
£28,000	£34.50
£29,000	£36.00
£30,000	£37.50
£31,000	£39.00
£32,000	£40.50
£33,000	£42.00
£34,000	£43.50
£35,000	£45.00
£36,000	£46.50
£37,000	£48.00
£38,000 +	£49.50

#### Relationship and family counselling

Household Income	Contribution Rate
Up to £15,000	£25.00
£16,000	£26.50
£17,000	£28.00
£18,000	£29.50
£19,000	£31.00
£20,000	£32.50
£21,000	£34.00
£22,000	£35.50
£23,000	£37.00
£24,000	£38.50
£25,000	£40.00
£26,000	£41.50
£27,000	£43.00
£28,000	£44.50
£29,000	£46.00
£30,000	£47.50
£31,000	£49.00
£32,000	£50.50
£33,000	£52.00
£34,000	£53.50
£35,000	£55.00
£36,000	£56.50
£37,000	£58.00
£38,000 +	£59.50

## How many counselling sessions will I receive?

We are able to offer you up to 20 counselling sessions at your agreed contribution rate.

Clients wishing to extend beyond 20 sessions will need to pay the *unrestricted session rate*:

- £50 for individual counselling (adults and children)
- £60 for relationship or family counselling

## How will I contribute for my sessions?

We won't ask for a payment until we are able to offer you an initial assessment appointment. In order to secure your assessment, we will take your registration payment over the phone before the appointment takes place.

You will then receive an email request every Friday during the course of your counselling. The email will include a payment link so that you can easily contribute online for your weekly session.

***We ask that your contribution is made by the following Tuesday at the latest.***

## What if somebody else is paying for my counselling?

Cogwheel does accept insurance or other third-party payments, and arrangements for this must be made before your counselling begins. Where counselling sessions are being funded by another organisation or insurance company, we request that payments cover the *unrestricted session rate*:

- £50 for individual counselling (adults and children)
- £60 for relationship or family counselling

## Exceptional circumstances

At Cogwheel we understand that everybody's circumstances are different, and you might feel that the contributions scale does not reflect what is affordable for you. If you believe there are exceptional circumstances we need to take into account, we would be happy to discuss this with you.